## The Synergy of Control Systems: Exploring the Interactive Effect of Formal and Informal Controls on Salesperson Well-being.

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**Informal Controls on Salesperson Well-being.** 

**Abstract** 

This study explores the interplay between formal and informal controls in sales management

and their effects on salesperson work well-being, which in turn is suggested to affect

salesperson performance. While prior research has primarily focused on the impact of formal

controls on sales performance, our study elucidates the interactive effects of formal and

informal controls and how they affect work well-being. This interactive perspective provides

a more detailed and sophisticated understanding of control systems and their effects.

Our results show that formal controls (i.e., activity, outcome, and capability controls) impact

well-being differently, with outcome controls enhancing well-being and activity controls

diminishing it. Informal controls (i.e., self-control, social control, and cultural control)

moderate these effects. Further, we find that work well-being positively affects salesperson

performance. These insights contribute to a deeper understanding of the role of formal and

informal control systems in affecting employees well-being, and provides actionable insights

for improving sales management practices through a balanced and culturally sensitive

approach. In addition, our results underscore the significance of psychological and emotional

elements in attaining desired sales outcomes, thereby expanding the purview of research on

performance metrics beyond conventional behavioral and output measures.

**Keywords:** Sales, Control Systems, Work Well-being

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